



Helping People Live Full and Meaningful Lives

ANNUAL REPORT 2019-2020



Jounded in 1955, Transitions enters its 66th year of service to the Quincy and Adams County area. We are a CARF (Commission on Accreditation of Rehabilitation Facilities) accredited agency and a United Way Partner agency. Our service array includes:

- -developmental services for infants and toddlers
- -counseling services for youth and adults
- -co-occurring mental health and substance use services
- -psychiatric services
- -crisis intervention services
- -on site access to primary healthcare services
- -recovery services for persons who have a serious mental illness
- -special education services for children who have severe developmental disabilities
- -vocational services and life skills training services
- -residential services (group homes and apartments)

Our Mission ... to provide services that inspire growth and empower people of all abilities to live full and meaningful lives.







Message

From the Executive Director



As we brought a close to our fiscal year, we were in the "throws" of a major healthcare crisis in our country. While we accomplished much in fiscal year 2020, our major focus was on managing the delivery of critical services to the vulnerable populations we serve. Our goals during COVID-19 have been, and will continue to be continuing the life sustaining services we provide to those who are most vulnerable and supporting our staff.

Despite the pandemic, we accomplished much during the past year. I encourage you to look at the highlights on the following pages. Transitions' mission as an organization is to inspire growth and empower people to live full and meaningful lives. What inspires our staff (and me!) are the stories we hear from those we serve –stories of how their lives have been made more meaningful

through their involvement with Transitions. We hear these stories every day and they give meaning to the work we do. They inspire us!

The year ahead will bring more challenges as we continue to deal with COVID-19. Our staff have risen to the challenge presented by the pandemic and I thank them for their dedication to our mission and their flexibility through this difficult time. Sincere thanks, as well, to our Boards of Directors for their leadership and guidance, and to you, our friends and donors.

Mark Schmitz

Executive Director

Hank Salus

The Year at Transitions...

Our Individual Placement and Support Program (IPS) placed 41 adults who have a serious mental illness into jobs in the community –the highest number of placements by agencies in Regions 3 and 4 in the State.





With the help of agency staff, residents of our group homes have maintained contact with their families throughout the pandemic.

Despite the pandemic, one of our adult consumers, who lives in supported housing and has an Intellectual/Developmental Disability, realized his goal of having a job in the community. He is working 8 – 10 hours weekly and loves his job.





A gazebo was added to the patio at our 2015 Chestnut Group Home – It is a great addition and enables residents to enjoy outdoor activities.

Our Parents as Teachers staff completed 1,977 family visits during the year - the highest number of visits the program has provided!





Staff at our 2015 Chestnut Group Home have implemented a new communication system with residents who are non-verbal. The Picture Exchange Communication (PECs) system enables those who are non-verbal to communicate with their caregivers and others.

Substance use services were expanded. Group services are now offered on Saturdays!





The agency handled more than 2,000 crisis calls to its suicide prevention hot line and SASS mobile crisis service during FY20.

Brenda Peters was named the Williams Award winner during our 2019 Annual Dinner. Employed by Transitions for six years, Brenda consistently goes "above and beyond" to help those we serve and often volunteers to assist the agency at special events.





Camp Sacajawea has new fire pits and walks around the lodge. Thank you, Grace Meyer and the Huber Corporation!

Thank You



During FY 20 Transitions was the recipient of a very substantial charitable gift.

Joe Churchill, a retired contractor and owner of J. Churchill Construction, and his wife, Marlene, gifted property and assets valued at approximately \$3 million to the Transitions Association. The donation consisted of land and commercial buildings, appraised at \$2 million, together with a \$1 million cash donation. This gift represents the largest charitable donation Transitions has received from a living donor.

The Churchill's have been generous supporters of Transitions' programs and services for many years and are big believers in Transitions' mission. In giving this gift, Joe Churchill stated:

"Marlene and I live close to Transitions' vocational training center, and know some of the consumers who are served by Transitions. We know that the services provided by Transitions are critically important to individuals and families in our community. We are big believers in Transitions' mission and we wanted to support their work. We are confident that Transitions will put our gift to good use, helping many in our area."

We deeply appreciate Joe and Marlene Churchill's belief in our mission and their very generous support.

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Impact of Services



In 2018, Destany reached out to Transitions for assistance with anxiety and depression. In addition to working on managing her anxiety and depression, Destany very much wanted to establish her own living arrangement. She wanted a job and she wanted to move from her parents' home and live independently.

Destany's parents were not certain a job and her own living arrangement were realistic for their daughter. Destany had been born weighing one pound, 2 ounces –the tiniest baby ever born at the U. of Iowa's Children's Hospital at the time of her birth. As a result of her very premature birth, she had developmental

issues, vision deficits, and various other health problems. These things caused her parents to question her abilities to accomplish her goals of employment and independent living.

When Destany enrolled in Transitions' services, she was assigned a Case Manager. Destany began working with her Case Manager and saw our psychiatric staff, who prescribed medications to assist her with anxiety and depression. During most of 2019 Destany met regularly with her Case Manager, who supported Destany in coping with anxiety and accomplishing her goals. The Case Manager also assisted Destany with applying for Public Aid and food stamps. Destany was soon able to move into her own apartment. She was lonely living alone so they decided Destany might enjoy having a cat - Destany now shares her apartment with two feline companions!

Transitions' Individual Placement and Support Program (IPS) helped Destany with her employment goals and

assisted her in obtaining a job. For the past six months, Destany has worked as a Direct Support Staff person at Community Care Systems. COVID-19 caused a temporary reduction in her hours (and thus, her pay) and she also had some difficult decisions in regard to managing the complexities of Social Security Disability, private insurance, and how to manage these benefits. Her Case Manager has been at her side this entire time, assisting her and supporting her through all of these challenges. Today, Destany is proud to be a Direct Support Staff member, loves living with her cats in her own apartment, and enjoys the support of her friends at church. She has accomplished so much in the past two years.



Transitions' mission is to inspire growth and empower people of all abilities to live full and meaningful lives. Our staff live this mission every day.

Desting...a predetermined course of events. At Transitions, we believe it is Destang... helping people of all abilities determine the courses of their lives.

FY20 Service Statistics July 1, 2019 - June 30, 2020

Total Consumers Served

Number of Registered Consumers Served	2,483
Emergency/Screening Contacts	
Number of Collaterals Seen	1,928
Community Education Contacts	1,293
Total	8,310

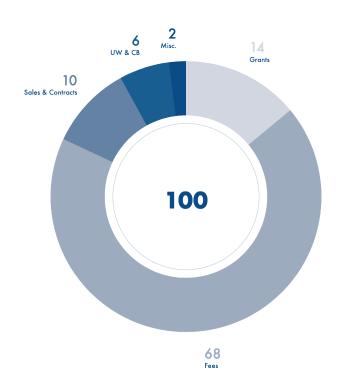
Staff

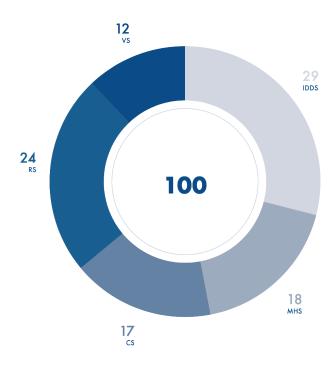
Full Time Employees	32
Part Time Employees	69
Contractual Employees	9

Financial Information July 1, 2019 - June 30, 2020

REVENUE	
Grants	14%
Fees for Service	68%
Sales and Contracts	10%
United Way & County Board (UW & CB)	6%
Miscellaneous	2%

EXPENSES	
Intellectual/Developmental	
Disabilities Services (IDDS)	29%
Mental Health Services (MHS)	18%
Children's Services (CS)	17%
Residential Services (RS)	24%
Vocational Services (VS)	12%





The Donor Roll July 1, 2019 - June 30, 2020

Gifts to Transitions of Western Illinois, the Transitions Foundation, and the Transitions Association. We deeply appreciate the generosity of individual, business and foundation donors.

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Membership in the Transitions Foundation Legacy Society is afforded to those generous donors who have made provisions to support Transitions through their estate plans. We deeply appreciate their concern for those with mental disabilities and their desire to support programs and services that will assist people with disabilities for years to come.

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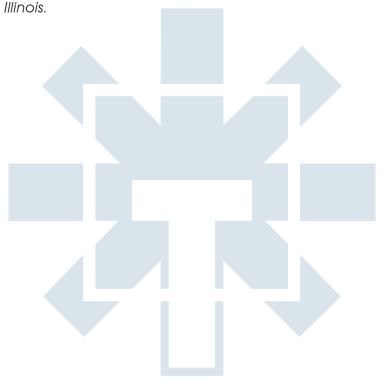


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